

## When should you give a steroid TREATMENT card for inhaled corticosteroid prescriptions?

Steroid	Adult (> 12 years) TOTAL DAILY DOSE *	Child (2 to 12) TOTAL DAILY DOSE**	Child (< 2 years)	
<b>BECLOMETASONE DIPROPIONATE</b>				
Including CFC-free <b>Clenil Modulite<sup>®</sup></b> , <b>Easyhaler<sup>®</sup></b> , <b>Asmabec<sup>®</sup></b> and <b>Soprobec<sup>®</sup></b>	≥ 800 micrograms daily	≥ 400 micrograms daily	<b>ALL CHILDREN LESS THAN 2 YEARS OF AGE ON INHALED CORTICOSTEROIDS SHOULD BE GIVEN A STEROID CARD</b>	
CFC-free <b>Fostair<sup>®</sup></b> , <b>Fostair<sup>®</sup> NEXThaler<sup>®</sup></b> , <b>Kelhale<sup>®</sup></b> and <b>Qvar<sup>®</sup></b>	≥ 400 micrograms daily	Unlicensed – give with any dose		
<b>Trimbow<sup>®</sup></b>	<b>Only for use in adults over 18 years of age</b> ≥348 micrograms daily	Unlicensed – give with any dose		
<b>BUDESONIDE</b>				
Including <b>Budelin<sup>®</sup></b> , <b>Easyhaler<sup>®</sup></b> , <b>Pulmicort<sup>®</sup></b>	≥ 800 micrograms daily**	≥ 400 micrograms daily		
<b>Fobumix<sup>®</sup></b>	<b>Only for use in adults over 18 years of age.</b> ≥ 640 micrograms	Unlicensed – give with any dose		
<b>Symbicort<sup>®</sup></b> and <b>Duoresp<sup>®</sup></b>	≥ 800 micrograms of budesonide daily	≥ 400 micrograms of budesonide daily		
<b>CICLESONIDE</b>				
<b>Alvesco<sup>®</sup></b>	≥ 320 micrograms daily	Unlicensed – give with any dose		
<b>FLUTICASONE</b>				
<b>Flixotide<sup>®</sup></b> , <b>Flutiform<sup>®</sup></b> , <b>Fusacomb<sup>®</sup></b> , <b>Sereflo<sup>®</sup></b> , <b>Combisal<sup>®</sup></b> , <b>AirFluSal<sup>®</sup></b> , <b>Stalplex<sup>®</sup></b> , <b>Aloflute<sup>®</sup></b> and <b>Seretide<sup>®</sup></b>	≥ 400 micrograms daily	≥ 200 micrograms daily		
<b>Sirdupla<sup>®</sup></b>	<b>Only for use in adults over 18 years of age</b> ≥ 400 micrograms daily	Unlicensed – give with any dose		
<b>Relvar Ellipta<sup>®</sup></b>	<b>Adults (&gt;12 years).</b> All patients should be given a steroid treatment card <sup>5</sup>	Unlicensed – give with any dose		
<b>Trelegy Ellipta<sup>®</sup></b>	<b>Only for use in adults over 18 years of age.</b> All patients should be given a steroid treatment card <sup>5</sup>	Unlicensed – give with any dose		
<b>MOMETASONE furoate</b>				
<b>Asmanex<sup>®</sup></b>	≥ 400 micrograms daily	≥ 200micrograms daily		
**Turbohaler <sup>®</sup> and aerosol inhalation doses can be considered equivalent (SIGN/BTS British Guideline on the Management of Asthma of November 2005); <b>green text</b> = formulary, <b>back text</b> = non-formulary or not on formulary				
<b>References</b> 1. National Patient Safety Alert - Steroid Emergency Card to support early recognition and treatment of adrenal crisis in adults; 2. Health Service Circular HSC 1998/056 (Revised National Steroid Treatment Card); 3. Current Problems in Pharmacovigilance, Volume 31, May 2006 London Respiratory team; 4. BNF; 5. <a href="https://www.rightbreathe.com/">https://www.rightbreathe.com/</a> <b>Contact us</b> <a href="mailto:medicine.question@dorsetccg.nhs.uk">medicine.question@dorsetccg.nhs.uk</a>				